

THE WEDNESDAY WORRY BOX

John 14:1-14

Sometimes, if you will just wait, problems take care of themselves. J. Arthur Rank had a system for doing that. He was one of the early pioneers of the film industry in Great Britain, and he also happened to be a devout Christian.

Rank found he couldn't push his worries out of his mind completely; they were always slipping back in. So he finally made a pact with God to limit his worrying to Wednesday. He even made himself a little Wednesday Worry Box and he placed it on his desk. Whenever a worry cropped up, Rank wrote it out and dropped it into the Wednesday Worry Box.

Would you like to know his amazing discovery? When Wednesday rolled around, he would open that box to find that only a third of the items he had written down were still worth worrying about. The rest had managed to resolve themselves.

If you have a troubled heart, ask God to give you a new perspective. Also ask God to give you patience so that you do not jump ahead and worry about a problem that may never come. But most important of all, ask God for more faith. Faith in God is the best remedy for all our problems. Jesus put it plainly, "Do not let your hearts be troubled. You believe in God; believe also in me."

Let us give our worries to God, trusting that God has better solutions than we can ever imagine. Let us walk by faith letting God lead our way.

God bless,
Pastor Barbara